



2023-2024

**Annual
REPORT**

HELLO SUMMER program at the Seliamedu

The HELLO SUMMER program at the Seliamedu Centre featured a display of healthy summer foods, fruits, and refreshing juices ideal for the hot season. The session also highlighted the benefits of wearing cotton clothing during summer. Students enjoyed the exhibits and gained an understanding of how seasonal changes influence both food and clothing choices.



A Personal Hygiene Awareness Program

A Personal Hygiene Awareness Program was conducted for adult students, covering important and sensitive topics such as masturbation and menstrual hygiene. The session was well-received, and the students showed a clear understanding of the information shared.



Capacity Building Program for Primary Caregivers

A capacity building program for primary caregivers was held on June 28, 2023, at the Satya Rehabilitation Centre in Selimedu, aimed at empowering primary school teachers, Anganwadi workers, ANMs, Self-Help Group Federation leaders, and mothers of children with special needs. A total of 53 caregivers participated in the session, which was facilitated by Ms. Vijayachandirasekaran. The program began with an introduction to Satya Special School, its objectives, and the services it offers. Participants were guided through the process of obtaining a disability certificate, its importance, the required documents, and how to apply at the General Hospital in Pondicherry. The significance of the UDID (Unique Disability Identity) card was also explained, along with the documents needed for application and the benefits it provides.



The session covered the Niramya health insurance scheme under the Ministry of Social Justice and Empowerment's National Trust, focusing on mental retardation, cerebral palsy, autism, and multiple disabilities. Details on the required documents, one lakh rupees annual coverage, and the claim process were shared. Legal guardianship for individuals with the above disabilities after the age of 18 was discussed, highlighting its benefits in managing banking operations, accessing NHFDC loans, maintaining property, and selecting caregivers. Additionally, the importance of early intervention, therapeutic services, activities of daily living (ADL) skills, employment opportunities, and the National Institute of Open Schooling (NIOS) was emphasized.

Feedback from Anganwadi teacher M. Kalaiselvi reflected the program's success, noting it as the most useful training she had attended. She highlighted learning about Niramya Insurance, legal guardianship, the necessity of UDID for government schemes, and the availability of disability certificates at the General Hospital. She also recognized the need for greater awareness among pregnant women and committed to organizing a meeting to share these key messages. Overall, the program effectively equipped caregivers with vital knowledge to better support individuals with disabilities.



Art Therapy

From 24th to 26th July 2023, a team of volunteers from PARTAGE DANS LE MONDE, France, conducted a Design and Colour Workshop for the children of Satya at the Vocational Training Centre, Kuiylapalayam. Around 15 children aged 10–14 participated, supported by volunteers, teachers, and parents.

Day 1 began with great enthusiasm as children were given cards and crayons to freely draw patterns and add colours of their choice, creating meaningful artwork. They thoroughly enjoyed the process, expressing themselves through vibrant designs. The second activity for the day was similar, but this time the children used oil paints, adding a new dimension to their creations.

On Day 2, the focus shifted to stencil painting. Children were given stencils with various designs and encouraged to choose patterns they liked. They worked with great excitement, joyfully filling in the colours. Later, they were asked to cut out the white spaces on their sheets – areas without any patterns – a task all children completed successfully. The day concluded with scratch painting, a favourite among the children, as the gold and silver glitters revealed themselves while they scratched away.

The final day featured a collaborative art piece. Volunteers set up a large chart depicting a bare, leafless tree, symbolising lifelessness. Children were then invited to attach the artworks they had created over the past two days to the branches, followed by colourful fingerprint impressions. By the end, the tree looked vibrant and full of life, proudly showcasing the children's beautiful creations. The workshop not only engaged the children for over an hour at a time but also helped develop their focus, creativity, and fine motor skills, leaving them with a strong sense of accomplishment and joy.

